

Things maybe we can do

ENERGY USE

In the house

Decide what I want from the freezer/fridge before opening it and get things out and then separate them and put back (w.o. leaving door open)

In winter and summer leave outside doors open only as long as needed.

Dry clothes outside or hanging in the house rather than use the dryer

Dry hair naturally rather than hair dryer

Turn lights off when not in a room unless coming back very soon

Turn computer off if going away more than x (x=an hour?)

Do not heat/cool rooms that are empty almost always or heat/cool them only minimally (e.g. to avoid bursting pipes if very cold)

Let cooked food cool somewhat (not too much or too long so bacteria don't get going) before putting in fridge/freezer. Note that in winter you can cover food and let it cool outside (if you have an outside place available)

Elsewhere/travel

Combine errands when driving (locally)

Cycle/walk when/where possible

Use public transport when/where possible

Carpool if/when possible

Drive hybrid or electric car

Fly only for essential reasons

Vacation locally

OTHER THINGS

reuse and recycle whatever you can

compost

buy local (food and other things) when possible

eat lower on the food chain (e.g. vegetarian/vegan)

Showers: "Navy" shower

Assuming we need to run water to get it warm, turn on only the hot water until it is hot; then calibrate the cold faucet (if old fashioned two faucet shower)

Toilet: "If it's yellow, let it mellow; if it's brown, flush it down"

Minimize use of paper

two-sided printing

read on screen if/as possible

use library instead of buying books. Or "Book Thing"

loan books freely